

**Life Group Preparation Notes**  
**Daniel Erasmus – Sunday 23 January 2022**  
**Habits: Focus On What We Do First**



**Note for the facilitator:** We are increasingly aware of how important our own preparation is as the key to being able to be vulnerable in group as well as learning from what God is saying to one another through the Word that we are reading. Let us keep encouraging one another to anchor our lives in God.

**Worship:** Spend time throughout the week during your time with God listening to [Run To The Father by Cody Carnes](#). As you spend time in worship, know that we can run to our loving Father no matter where we find ourselves.

**Check-In:** As we start the year, what are you trusting God to do in/through you in 2022?

**Bible Readings:** Anchor: Romans 12:2 MSG; Isaiah 58:12 MSG; Jeremiah 29:11; Philippians 3:13; Exodus 20:1-3; Leviticus 27:30; Deuteronomy 14:23; Joshua 9:14; Acts 20:7; 1 Corinthians 16:2; Hebrews 10:25; Proverbs 3:6-10; 1 Corinthians 11:26

**Preparation and Discussion for Group Time:**

1. What has been one takeaway that has stood out to you based on what Ps Daniel spoke about when it comes to habits in your own life?
2. “Fix your attention on God. You’ll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.” Romans 12:2 MSG is what we are anchoring this Habits series in - what challenges you from this verse?
3. A key habit that we are called to focus on this year is “focusing on what we do first”. We are called to develop this habit by:
  - Putting God first
  - Giving God the first of everything
  - Trusting that God will bless the rest

What practical step in each of these areas do you need to commit to putting in place? How can we as a group hold each other accountable to growing in these areas?

4. As you put steps in place to put God first in every aspect of your life, what are you trusting Him to bless? What are you believing God is wanting to do in your life this year?

**Check out and Prayer time:**

Using Romans 12:2 MSG as a starting point, break into groups to intentionally pray into the habits we would like to form this year - starting with putting God first.

**Love God:**

- Read Romans 12:2 and thank God for the work He is doing in you as you put Him first.
- For personal study, here are some suggested **YouVersion** and **RightNow Media** devotionals:
  - [Bible in One Year – Nicky Gumbel](#)
  - [How To Read Your Bible – Jennie Allen](#)

**Love People:**

- Are you interested in joining a serve team? [WhatsApp us](#) for more details
- Save the date - Current: The Gathering happening Monday, 7 February 2022