



HABITS RESOURCES

PRAYER AND FASTING

- [Bible in One Year 2022 with Nicky Gumbel \(YouVersion\)](#)
- [Pray First Booklet - Prayer & Fasting Guide: A resource on prayer and fasting.](#)
- [Experiencing God Day By Day App – Henry Blackaby \(Apple App Store or Google Play Store\)](#)
- [Prayer by Philip Yancey](#)
- [15 Minutes with God – Pedro Erasmus \(available to purchase at church\)](#)

BOOKS

- [Emotionally Healthy Spirituality – Peter Scazzerro \(additional resources on church website\)](#)
- [Emotionally Healthy Relationships – Peter & Gerri Scazzerro \(additional resources on church website\)](#)
- [Atomic Habits – James Clear](#)
- [Hearing God's Voice – Henry & Richard Blackaby](#)
- [The Purpose Driven Life – Rick Warren \(available to purchase at church\)](#)

FINANCES

- [Life Is Better Guide \(Edge Church\)](#)