

## Life Group Preparation Notes

Daniel Erasmus – Sunday 26 September 2021

Uncomplicated: Families – Building Lasting Family



**Note for the facilitator:** We are increasingly aware of how important our own preparation is as the key to being able to be vulnerable in group as well as learning from what God is saying to one another through the Word that we are reading. Let us keep encouraging one another to anchor our lives in God.

**Worship:** Spend time throughout the week during your time with God listening to [Yours \(Glory & Praise\) by Elevation Worship](#). As you spend time in worship, be reminded that God is so worthy of our praise!

**Check-In:** What has been your biggest takeaway from the Uncomplicated: Relationships series?

**Bible Readings:** Anchor: Matthew 6:33; Ephesians 1:5-6; Matthew 7:24-27; Isaiah 53:6; Psalm 23; Proverbs 13:22; Hebrews 10:24-25; John 16:33; Romans 15:13; Proverbs 23:18;

### **Preparation and Discussion for Group Time:**

1. Looking at the foundation of your family, what would you say that foundation is built on? Would it be on rock or on sand? What do you need to add/shift to build a strong foundation?
2. How do you think your current behaviour might affect generations to come? Is there anything that has been passed down to your family from previous generations that influences the way you do things in your family now? What do you need to do practically to implement those values in your family?
3. What practical, Godly values can you commit to growing in with your family? How would your family look if you committed to living out these values?
4. Ps Daniel spoke about 4 principles that will equip us to build lasting families:
  1. Surrender your life and your family to the Lordship of Jesus and His Word.
  2. Think about the generational effects of your behaviour and plan accordingly.
  3. Keep your family in a life-giving church where they can be grounded spiritually and build strong relationships.
  4. Choose HOPE.

Which of these principles were you most challenged by? What is God asking you to commit to or change when it comes to applying these principles with your own family?

### **Prayer time:**

Take an opportunity to pray for your family. Pray that your family would begin to grow, to look like God has designed it to be.

### **Love God:**

- **Read Romans 15:13** and be encouraged that we have God, the source of hope, who fills us to overflowing through the power of the Holy Spirit.
- For personal study, here are some suggested **YouVersion** and **RightNow Media** devotionals:
  - [Take Back Your Family by Jefferson Bethke](#)
  - [The Heart of Family by Kirk and Chelsea Cameron](#)

### **Love People:**

There are many opportunities to Love People coming up - see the Church Center App for more information:

- Join a team that shows love to others with practical care and assistance: Career Care Team, Meal Care Team or Home Maintenance Team - check out the details to sign up.
- There are a number of discipleship opportunities coming up - all details on the Church Center App