

Life Group Preparation Notes:

We are in a Storm!

Daniel Erasmus - Sunday 05 April 2020

Note for the facilitator: Preparation for the Life Group is key for each person to be able to engage and be vulnerable to grow. Allow the Holy Spirit to lead you as you prepare for the group time. Be aware of vulnerable sharing and the recurring theme or phrase during the connection time as you are prompted by the Holy Spirit.

Whether you are doing Life Group on Zoom, Google Hangouts or chatting on Email or your WhatsApp group, we encourage you to cover the following:

1. Check in to find out how each other is doing in this season.
2. Share a response to one question in the notes.
3. Pray together for one another.

Purpose for the session: To grow in our faith in this time, knowing that Jesus is in the storm with us.

Worship: Listen to the song “He is Lord” by Elevation Worship and then pray back to God one thing you are trusting Him for in these uncertain times.

Check-In: What one thing are you struggling with, and what are you grateful for?

Bible readings: Matthew 8:23-27; Romans 8:38-39 and Luke 19:10

Group Discussion:

1. From the passage in Matthew 8:23-27, Daniel shared with us 4 faith building truths. Take time to consider the 4 truths below.
 - Storms come but Jesus is always with us.
 - The storms in our lives can create a crisis of faith and focus.
 - Jesus is Lord of the storm.
 - It is His love for us that anchors us through all our storms.

In what ways could God be building your faith in this “storm” that we are currently facing?

2. Jesus asked them “Why are you so afraid?” How would you answer Him?
3. Why should we not be afraid according to Romans 8:38-39?

Check out and prayer time:

Look back over the past 3 sermons and share one thing that God has been saying to you about how your ‘Hope’, ‘Peace’ and now ‘Faith’ in Him are drawing you closer to God in these uncertain times.

Others:

In Luke 19:10 we see that Jesus came to seek and save those who are lost. Share with the group what this means to you today for your own life and for those you are daily praying for at 1pm.

What practical ways could you help others in this time?

- Share what God has been saying to you from the sermon or your daily times with Him.
- Shop for someone in need.
- Use this time to sort through your cupboards and put aside those things you no longer have need of to give to others.

Daily Practices to follow:

- Memorize Romans 8:38-39. Write out the verse or copy and paste it so you can see it regularly throughout the day.
 - Read or recite the verse and repeat throughout the day. Set a reminder to pray at different times throughout the day.

- Continue using the 21 Days of Prayer Devotional in order to prepare your heart for Easter. You will find this on edgechurch.co.za

- Struggling to find a rhythm to your daily time with Jesus?
YouVersion has many different plans to help us to create a 'rule of life' - rhythm. Here are a few examples, there are many more and you can even read with a friend:
 - Faith <https://my.bible.com/reading-plans/2710-daring-faith>
 - Peace <https://my.bible.com/reading-plans/13452-finding-peace>
 - Reading through the Bible <https://my.bible.com/reading-plans/13233-new-testament-in-one-year-with-the-bible-project>